## **Establishing and Using Routines**

- ❖ Routines create a sense of predictability and stability for children.
- Every family needs routines, they help to organize life and keep it from becoming too chaotic.
- ❖ A family's greatest challenge can be to establish comfortable, effective routines, that work for all members



## **Presenter:**

AnnaBeth Prescott Applied Behavioral Consulting, LLC

**Date:** Tuesday, November 14, 2017 at 7:00pm **Location:** MLHS, Media Center Gallery

Please RSVP by Friday, November 10, 2017 Email: rdunn@mlschools.org